

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

February 2024

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Hello friends, and welcome to February—
including our bonus day courtesy of leap year.
I'm on a mission to make each of the 29 days
count, and my digital calendar is throwing up
delightful reasons to celebrate. Did you know
that on the 4th, we can rejoice in both the
International Day of Human Fraternity and
Yorkshire Pudding Day? (Double the joy, who
can resist?)

Mark your calendars for Saturday, February
10th—it's the Lunar New Year, and 2024
welcomes the Year of the Dragon. And on the
11th, let's cheer for International Day of Women
and Girls in Science. (Yay!)

Feeling generous? Book Giving Day is on the
14th, but let's be honest, every day is a good day
to gift a book.

Let's savor all the days of February this year—
usually a quiet month for events,
and turn to pp18/19 for some
community-inspired ideas.

Here's to a month filled with
unexpected joys.

Best wishes, Liz



Liz Barker, Editor



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Valentine's Day: A Love-Fest for Everyone!

Valentine's Day – a day often associated with couples stuck in candlelit corners. But hey, let's shake things up a bit, shall we? This year, let's embrace the love-fest with a good dose of Yorkshire humor. For those who find themselves romantically entangled, a local restaurant might be the go-to. Sure, it's a bit cliché, but who can resist the charm of overpriced heart-shaped

desserts? If you're feeling rebellious, order a pizza with your significant other – just be ready for judgmental glances from the waitstaff. Now, if you're more of a homebody, consider donning the chef's hat for a night in. It's the perfect excuse to impress your partner with your culinary skills, or lack thereof. Burnt toast, anyone? It's the thought that counts. And for the singletons out there, fear not! Self-love is the true winner on Valentine's Day. Treat yourself to a cozy night in with Netflix, a tub of ice cream, and absolutely no judgment. So, whether you're coupled up, flying solo, or navigating the confusing world of "it's complicated," let's raise a toast to love in all its quirky, unpredictable forms. After all, who said Valentine's Day can't be a laugh? Cheers!

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Running a 150+ year old railway always brings challenges, and this year is one of focus on infrastructure renewal.

We have been preparing for the replacement of 'Bridge 27' at Haworth for many years, and this autumn we plan to undertake the work itself. It will be the most significant civil engineering project that we've ever undertaken and is a testament to the skills of our volunteers that we are so well-prepared for the replacement, which has required hours and hours of meticulous planning. At the other end of the line, we are working closely with Network Rail as they are refurbishing Keighley Station, which means that will be unable to run trains between Keighley and Ingrow until they are ready to 'hand back' our stretch of railway at Keighley which we expect to be by early March. Until we can run into Keighley, we are operating trains just between Ingrow and Oxenhope, with a special 'bus shuttle service provided to transport you between Keighley and Ingrow stations. Full details of services and timetables are available on the website.

As well as this year's projects, we are looking ahead to 2025 and beyond, particularly as we are the very grateful recipient of a £5m grant from the government's Levelling Up fund, which will enable us to develop a dedicated facility for our all-important fleet of diesel multiple units, as well as fully signal Keighley and Haworth which will provide us with a much greater degree of operational flexibility.

The increased flexibility will mean, for example, that we can operate our 'works trains' that we use to transport materials and rolling stock around the Railway with far less impact on our timetabled services and having a base for our DMU fleet at the Keighley end of the line will give us more timetabling possibilities.

With so much going on, you would be forgiven for thinking that we would otherwise have a quiet year... but that's not how we do things. We plan to hold our Spring Steam gala in March after we have regained access to Keighley station, which will launch our programme of special events for 2024. Completion of refurbishment works permitting, we hope that we will be celebrating the opening of the Keighley Water Tower Visitor centre in the first half of the year thanks to funding from the Railway Heritage Trust and Keighley Town Deal. We will continue to run trains every weekend and daily during the holidays, and please check the website for details of services, particularly with the engineering activities planned for during the year. You will also find details on the Railway's website of our Local BD20/21/22 Residents' Railcard scheme that offers holders a significant discount on tickets for service trains.

I do hope that we will be able to welcome you on board one of our trains during this very special year for the Railway as we work to continue to keep the increasingly elderly wheels turning.

~ **Matt Stroh**

Keighley & Worth Valley Railway Chairman

DATES FOR YOUR DIARY

Upcoming events at The Keighley & Worth Valley Railway.

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EVERY DOG'S STORY

I have a bed, my very own.
It's just my size.
And sometimes I like to sleep alone with dreams inside my eyes.

But sometimes dreams are dark and wild and creepy and I wake and am afraid, though I don't know why.

But I'm no longer sleepy and too slowly the hours go by.

So I climb on the bed where the light of the moon is shining on your face and I know it will be morning soon.

Everybody needs a safe place.
~ Mary Oliver

If you know someone who is inconsolable over the loss of their dog, or someone who just plain loves their dog, this is the present to buy them - even if they are the least poetic, dour Scotsman or unromantic Yorkshireman.

I'm a Philistine - I'd never heard of Mary Oliver until I read a review of this book. I rarely read poetry. However, I do have a dog, my first ever, and I'm amazed at how he has opened my eyes to nature, to happiness, and to the friendliness of other people and dogs (not to mention sheep, cows, horses, alpacas and geese). I wish I knew what he was scenting when he's out on the moors and why he insists on lying in the coldest, frostiest patch of grass when the wind is blowing me over. The poems in this book go a little way to explaining what goes on in a dog's mind, and a good way into explaining why dogs mean so much to dog lovers. ~ Reviewed by *Scorpio Rising*

To advertise call Karen or Liz on 01535 642227



Cauliflower Mac-n-Cheese

A delightful detour from New Year resolutions! Embrace the comfort of gooey cheese and tender cauliflower, because, let's face it, sometimes the best resolutions involve a fork and the joy of a shared meal.

Ingredients

- 30g, plus extra for the dish butter
- 50g plain flour
- 700ml milk
- 1 clove, halved garlic
- 1 tsp Dijon mustard
- 150g, grated mature cheddar
- 100g, grated gruyère
- ground white pepper
- 1, cut into 8 wedges cauliflower
- 125g macaroni
- 25g, grated grana padano or parmesan

Method

Melt the butter in a pan then stir in the flour. Cook, stirring, for 3 minutes then

gradually whisk in the milk to give a smooth sauce. Add the garlic, simmer for 4 minutes, then fish out. Add the mustard, cheddar and gruyère, and stir until melted. Season with salt and white pepper.

Heat the oven to 220C/fan 200C/gas 7. Cook the cauliflower wedges in a large pan of boiling salted water until just tender. Scoop out with a slotted spoon and drain really well.

Cook the macaroni in the same water following pack instructions. Drain, then rinse under cold water and drain again really well. Carefully mix the macaroni and cauliflower with the sauce and tip into a buttered 20cm x 30cm ovenproof dish.

Scatter over the grana padano or parmesan and bake for 20-25 minutes or until golden and bubbling. Leave to sit for 5 minutes before serving.

WANTED: Distribution Officer

Worth & Aire Valley Mag

Part Time | Approx 10 hours per month, working between the last and first week of the month.
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Working in the community in the Aire and Worth valleys where the magazines are distributed, this role is a support to the Distribution Coordinator and entails inducting new distributors, trouble shooting, back checking, filling in distribution gaps, keeping an eye on team members welfare and performance. This role will suit an energetic person who enjoys directing and motivating others and doesn't mind getting stuck in to resolve either logistical or personnel related problems.

To find out more, or to register your interest, contact liz@worthvalleymag.co.uk
Liz Barker: 07737 274221

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Who are we?

Our Keighley Denture Expert is Matthew Varley (Dip CDT RCS)

Matthew Varley is the partner and Managing Director of My Denture Clinics, here he works as a Clinical Dental Technician (Dip CDT RCS).

Matt was born and raised in Pudsey, where he met his wife Angela Varley at school. They have 2 sons; Ray and Austin, he hopes one day they will follow him into the dental profession and share in his passion for dentistry.

Within his 23 years of experience, Matt has changed the lives and smiles of many, some of which are during one day implant immediate loading cases, and same day smiles, which he specialises in. The regular accolades received from clients and patients alike are testament to his passion for his work. Matt has a keen eye for detail and endeavours to provide the best care possible. Matthew completed his dental technology qualification at Leeds Dental Institute, he finished first in his class achieving distinctions throughout and was awarded overall best student and the acclaimed technical achievement award.

Matthew Varley started his journey as a Registered Dental Technician (RDT), however after 23 years experience working as a RDT in highly acclaimed laboratories, Matt made the decision in 2018 to set up his own business alongside fellow business partner Joseph O'Reilly.

Matt also returned to university to further his dental knowledge and become a Clinical Dental Technician, receiving the prestigious royal college of surgeons (Dip CDT RCS).

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The smallest alteration can make the biggest change and Matt is committed to providing the highest level of care, quality materials and the latest digital technology to achieve the best results for you.

Matt's ambition is also his craft, creating lifelike smiles through dentures and implant supported prosthesis.

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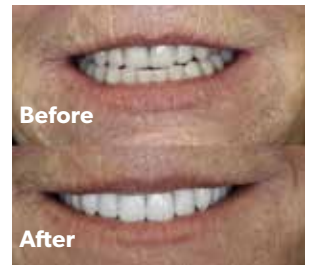


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Sudoku

		4	5	6		8
	5					
9		7	2		5	
6	5			4	7	
3	2				6	5
4		3	8		2	
				7		
9	6	2	4			

5	7		2	9		
	8					1
			7		6	
		9	5		1	
3			8			6
	9		4	7		
	3		1			
1				4		
		7	3		2	8

4		5				9
	3	7	8			
	2		1	5		
1			3	8		
	8				3	
	3	1				2
	5	7	2			
		8	2	6		
2			5			1

	4		5	1		
	5		4	2		
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			6		2	
9	6				8	3
4		8				
			4	8	9	
	5	2		7		
	1	6		3		

Where in the Aire Valley? COMPETITION

Where is the **red x** located in the photo to the right?

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Email your answer including your
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Last month's competition location was AI Stairlift & Mobility in Keighley. The winner was Niamh Barlon from Silsden.

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Open for drop-in anytime for coffee and chat for people living with dementia and their carers and families. 6 College Walk, Airedale Shopping Centre, Keighley.

Every Tuesday Dementia Friendly Keighley 10am – 12.30 pm Games Morning, for people/carers living with dementia Airedale Shopping Centre, Keighley. Call Helen on 01535 602529

Every Wednesday Dementia Friendly Keighley 1.30 pm – 3.30 pm Peer Support Coffee Club for people/carers living with dementia Airedale Shopping Centre, Keighley.

Every Thursday Dementia Friendly Keighley 1.30 pm – 3.30 pm Crafty Friends, creative session, Airedale Shopping Centre, Keighley. Call Helen on 01535 602529

Every first Friday of the month Dementia Friendly Keighley 2 pm – 3.30 pm The Singing Teapot, a singing group for people/carers living with dementia, Airedale Shopping Centre, Keighley.

Every second Saturday of a month 10 - 1pm Riddlesden Green Connection Community Cafe St Mary's Meeting Room, Banks Lane BD20 5PA. Eco liquid refills, book swap and cafe every time.

The Shed Cliffe Castle, Keighley every Tues, Weds & Thurs 10am - 4pm.
Morton WI every second Tuesday evening each month. Social evening with refreshments at **The Institute in East Morton 7:20 pm.**

Every Tuesday 7 - 9pm Men's Peer Support Group Free Safe & Friendly environment for men to share, chat & laugh. Airedale Enterprise Services, Sunderland Street, Keighley, BD21 5LE

Every Wednesday 10 - 12 Coffee Morning at Laycock Village Hall.

Every Weds 1 - 2.30pm Ladies Dance Exercise at the Civic Centre, Keighley. Meet new friends & Keep Fit

Every Weds Morton Meet and Tiny feet café 2.15-4.15 pm (term time) in the Morton Memorial Village Institute. Anyone wishing to help volunteer, contact Helen at hells62@live.co.uk

Every Weds 1pm - 3pm Knit & Knatter at Keighley Library All Welcome.

Mondays 1 - 3pm Keighley Tea Dance at the Civic Hall

Every Thursday from 1.30pm Time For Me Bereavement Support Group meet at The Three Horses, Fell Lane, Keighley, BD22 6BZ. A mutual support group for those who have lost someone dear, recently or a long time ago. Further info contact helen.timeforme@gmail.com

Every Thursday 10am - 11.45am Games Cafe at KHL, Scott Street, Keighley. No booking required everyone welcome.

Every Thursday 1pm TaiChi Classes free trial sessions at **Laycock Village Hall**. Everyone Welcome
Thursday & Fridays 10.30am to 3 pm The Downstairs Drop-In at The Civic Centre, Keighley. A great place to meet new people, play board games or dabble in arts & crafts.

The Bradford Chorale are interested in inviting new singers to come and join a friendly and experienced choir. **Meet at 7.30pm on Tuesday evenings** at Northcliffe Bradford Road Shipley. If you wish to join us please e-mail e.f.bennett@btinternet.com or lynnedennison@btinternet.com

1st Feb A New Exhibition at the **Bronte Parsonage Museum "The Brontes Web of Childhood"**

4th Feb "Lob wood & the river Wharfe" 5.5 miles, moderate. Meet 10.30 Bark Lane, Addingham.

www.ramblers.org.uk/keighley Sat 10th - **18th Feb Keighley & Worth Valley Railway Half Term Happiness** Daily Steam Trains www.kwvr.co.uk

Sat 10th - 17th Feb **Aladdin by Glusburn Youth Theatre at Glusburn Institute**

18th Feb "Luddenden to Warley" 7.5 miles, moderate. Meet 10.30 Luddenden Lane Car Park.

www.ramblers.org.uk/keighley
Tues 20th Feb 10.30am Meet next to the Roebuck pub, Skipton Road, Utley, Keighley (B6265) for a **circular walk** on tracks up to Pinfold Hill and beyond, returning via Alder Carr Wood.

Walking boots or stout shoes are recommended. Please bring a packed lunch. Walk length - 6.5 miles Walk duration - 3-3.5 hours

Mon 26th Feb & Mon 25th March 2 - 7 pm

Business Support Drop- Ins at Keighley Library (no cost or booking required) discuss Advice, Guidance, Recruitment, Training, Funding, Premises, Marketing, Digitalisation.

Sat 2nd & Sun 3rd March 10am - 4.30pm Keighley Model Railway Exhibition at Woodbank Nurseries,

Harden Road, Harden, Bingley, BD16 1BE

Sun 10th March Keighley 5K & 10K run Victoria Park, Keighley.

Come and share our love of walking
Join us! We're sure you will feel much better for getting out in the fresh air.

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BEHIND THE SCENES AT THE MUSEUM

In her second published novel 'Shirley', Charlotte Brontë writes about the 'icy January wind'. There's much to relate to in Brontë novels, but this feels particularly pertinent at the moment!

The beginning of a new year is a time of preparation, of turning over a new leaf and starting afresh. Here at the Brontë Parsonage Museum, we spent January doing just that, carrying out important conservation and maintenance work, refreshing the displays and installing our 2024 exhibition.

The Brontës' Web of Childhood is a new exhibition training a lens on the Brontës as children. What was it like for them growing up in Haworth? What did they experience and read? How did they play and distract themselves from the impact of losing their mother and two older sisters? The exhibition focuses on the Brontës' childhoods in Haworth, their creative curiosity and imaginary worlds and examines how their experiences shaped their future writing and made them into the iconic writers we know today. Elsewhere in the Museum, we're subverting traditional expectations of gallery spaces with 'Tactile Turmoil', a new installation by textile artist Ellie Brennan. Through a series of tactile, woven pieces, 'Tactile Turmoil' explores the Brontë sisters' first



Charlotte Brontë's portrait of Zenobia Ellington, a character from the imaginary world, Glasstown, 1833.

impressions of their new home - Haworth and the Parsonage - when they moved here in 1820. Visitors are invited and encouraged to touch and feel the art work, a new exciting sensory experience for everyone to enjoy.

With our new exhibition comes a programme of events to celebrate childhood. We'll be working with Sophia Hatfield, storyteller extraordinaire who will take inspiration from the Parsonage servants who shared folk tales and local legends with the Brontë children. Our Brontë Festival of Women's Writing in September will have a focus on contemporary authors of Children's and Young Adult fiction, bringing some of the UK's most prolific writers to Haworth. And don't forget that during the school holidays, our Wild Wednesday workshops offer local

families the opportunity to get creative through Brontë-inspired arts and craft activities.

The Brontës' Web of Childhood runs from Thursday 1 February until 1 January 2025. There's lots more to look forward to at the Museum in 2024, and with a focus on growing up, you'll get both the chance to inspire the children of today and explore nostalgia and memories of your own childhood. Come and see us soon!

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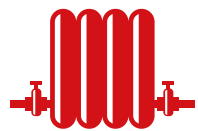
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